



# DRAGON NATION NEWS

Updates from your Counselors

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## WELCOME BACK DRAGONS!

This newsletter will be released weekly during our weeks of online virtual learning as a way to keep you connected and for your counselors to get you important information! Be sure to look for it each week and reach out to your counselor with any questions!!

## But wait... Who is my counselor?

SO glad you asked!! See below

### The "Who's Who" of the Counseling Department

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### Which fun fact do you think describes YOUR counselor? The answers in next week's issue...

1. Belongs to the Navajo Tribe. Clans Zuni Edgewater, Bitterwater and Anglo
2. Spent 25 years living in New Mexico and moved to Arizona 2006
3. Used to be a teacher and spent several months teaching in Africa
4. Has been swimming with both Dolphins AND sharks
5. Was born in Hawaii, as well as both of their children, and knows how to do the Hula

## Upcoming Events!

Monday Aug 17	Tuesday Aug 18	Wednesday Aug 19	Thursday Aug 20	Friday Aug 21
	Access ASU Presents: <a href="#">ParentVue Webinar</a>		TUHS Virtual Parent Night	
	5:00—7:00 Curbside Meal Pickup @ WP			

## FAQs

**Q: How do I login to Class?**

A: Follow these [helpful tips](#)

**Q: Can I still get school meals?**

A: Yes! Meals can be picked up weekly [Curbside](#) at the West Point Campus.

**Q: How can I be most successful while learning online?**

A: Some simple key tricks may help you through this challenging time of going to school online... Check out [this resource](#) to find what strategies might work best for you! Also make sure you are following all of the WPHS [Virtual Classroom Expectations!](#)

DAILY QUARANTINE QUESTIONS:

1. What am I GRATEFUL for today?
2. Who am I CHECKING IN ON or CONNECTING WITH today?
3. What expectations of "normal" am I LETTING GO OF today?
4. How am I GETTING OUTSIDE today?
5. How am I MOVING MY BODY today?
6. What BEAUTY am I either creating, cultivating, or inviting in today?